

# QUINTESSENTIAL APPLICATIONS

## PROFICIENCY REQUIREMENTS

### QA LEVEL 1 PROFICIENCY REQUIREMENTS

1. Attend QA Course 1-7 Live and/or Verified Ownership of QA DVDs 1-7
2. Verified Ownership of QA Book and QA Audio CDs
3. Pass Practical Exam (including muscle testing & fundamental procedures) when attending QA Course Live OR
  - Successful completion of an ICAK approved Basic or Muscle Testing Course or Other Muscle Testing competence verification by AK Teaching Diplomate
4. Write 2 Brief Case Reports ("IRT Stories" - one paragraph each):
  - Send "Case Reports" to [gapplications@aol.com](mailto:gapplications@aol.com)  
(Please Include Statement of Permission to Use\*)
5. After ALL the above requirements are fulfilled, the Doctor is eligible to sit for QA Level 1 written examination covering QA Sessions 1-7 and QA Audio CDs

### QA LEVEL 2 PROFICIENCY REQUIREMENTS

1. All QA Level 1 requirements must be fulfilled and the Doctor must pass the QA Level 1 written examination covering QA Sessions 1-7 and QA Audio CDs
2. Attend QA Course 1-15 Live and/or Verified Ownership of QA DVDs 1-15
3. Write 2 Case Reports:
  - Brief Case Report (one paragraph – interesting case story)
  - Longer Case Report (one page – check list provided - follow a patient's progress for a minimum of three office visits demonstrating the use of the QA Clinical Protocol)
    - Send "Case Reports" to [gapplications@aol.com](mailto:gapplications@aol.com)  
(Please Include Statement of Permission to Use\*)
4. After ALL the above requirements are fulfilled, the Doctor is eligible to sit for QA Level 2 written examination covering QA Sessions 1-15 and QA Audio CDs

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