

QUINTESSENTIAL APPLICATIONS DVDS

QA Session 1: Pain Relief

Initial Assessment Procedures **Muscle Spindle Cell**, Golgi Tendon Organ and **Origin – Insertion Techniques**; Autogenic Inhibition & Facilitation; **Hands-On Pain Relief Techniques Including: Injury Recall, Nociceptor Stimulation-Blocking, Set Point, and Location, Quality, Memory**; Neurological Hierarchy for the Ordered Application of Clinical Procedures

QA Session 2: Low Back

Low Back Muscles; **Vitamin E & Low Back Muscles**; **Vertebral Challenge**; **Pelvic Categories**; Sacral & Iliac Fixations; **Iliolumbar Ligament IRT**; Sacrospinous & Sacrotuberous Ligaments IRT; **Gait**; Further Distinctions Regarding the Neurological Hierarchy for the Ordered Application of Clinical Procedures

QA Session 3: Shoulder - Part 1 / Fatigue & Inflammation - Part 1

Shoulder Muscles – Part 1 (Including Rotator Cuff Muscles); **Visceral Challenge Technique**; Essential Fatty Acids Metabolism & **Inflammation**; Nutritional Assessment of the **CBC with Differential**; Fascial Release Technique; Continued Discussion of the Neurological Hierarchy for the Ordered Application of Clinical Procedures and Biochemical Implications

QA Session 4: Shoulder - Part 2 / Fatigue & Inflammation - Part 2

Shoulder Muscles – Part 2; Vitamin C & Shoulder Muscles; **Common Shoulder Problems**; Lingual Ascorbic Acid Test; **Citric Acid Cycle & Electron Transport Chain** Assessment; Further Discussion of the Neurological Hierarchy for the Ordered Application of Clinical Procedures and Biochemical Implications

QA Session 5: Spinal Adjusting / Fatigue & Inflammation - Part 3

Flexor Reflex Afferent Subluxation Patterns; **Coupled Spinal Mechanics**; Evaluating Cervical & Lumbar Coupling; **Correcting Uncoupled Patterns**; Cervical & Lumbar Adjusting with Coupled Mechanics; Visceral Challenge Technique – Review; **Anti-histamine Mix Challenge & Food Allergies**; Simplified **Temporosphenoidal Line** Analysis; Amplification of the Biochemical Influences on the Neurological Hierarchy for the Ordered Application of Clinical Procedures

QA Session 6: Head and Neck - Part 1 / Immune System - Part 1

Head & Neck Muscles – Part 1; Screening for **Cranial Faults** with Pre Test Imaging; Cranial & TMJ IRT; Cranial and TMJ Disturbance as Sources of **Uncoupled Cervical Mechanics**; Mechanical Frontal Bone Cranial Fault Correction; When the Immune System is Primary and **When Cranial Faults and TMJ Problems are Secondary** to Immune System Involvement; Neurological Hierarchy and **the Mesencephalon, Cranial, TMJ & Immune Dysfunction**

QA Session 7: Head and Neck - Part 2

Head & Neck Muscles – Part 2; **TMJ Related Cranial Faults**; Treating TMJ Muscles with IRT; **Tooth Techniques Switching & Neurological Disorganization**; Further Observations on the Neurological Hierarchy and **the Mesencephalon, Cranial, TMJ & Immune Dysfunction**

QA Session 8: Digestive System

Digestive Related Muscles; **Visceral Referred Pain Area Assessment**; Hiatal Hernia / **Gastroesophageal Reflux** Disease; Systemic Approaches to **Ileocecal Valve Syndromes**; Evaluating the Enteric Nervous System Including the **Ileal Brake, Sugar & the Open ICV, Gastrocolic Reflex & Hidden Food Sensitivities**; Additional Insights into the Neurological Hierarchy for the Ordered Application of Clinical Procedures

QA Session 9: Lower Limb / Low Endocrine Function Problems

Knee Muscles; **Common Knee Problems**; Extremity Challenge & Adjusting; **TLR** as an Indicator of Low Endocrine Function; **Hypoadrenia**; Foot & Ankle Muscles; **Common Foot & Ankle Problems**; Application of the QA Clinical Protocol

QA Session 10: Adrenal Stress Syndrome / Emotional Techniques

Hypoadrenia – Review; **Hyperadrenia**; Adrenal Challenge Technique; Introduction to **Centering the Spine**; Ligament Stress Adrenal Stress Syndrome; **Emotional Recall Quick Fix**; **Heart-Focused Techniques**; Expanding the Application of the QA Clinical Protocol

QA Session 11: Chemical Hypersensitivities / Liver Detoxification - Part 1

Aldehydes & Chemical Sensitivities (Metabolic & Immunologic); **Liver Detoxification Pathways** (Phase 1 & Phase 2); Further Insights into the Application of the QA Clinical Protocol

QA Session 12: Upper Limb / Liver Detoxification - Part 2

Elbow Muscles; **Common Elbow Problems**; **Cholesterol Challenge & Treatment**; Using Visceral Challenge Technique for Bad Dietary Fats; Wrist & Hand Muscles; **Common Wrist & Hand Problems**; Immune **Cytokines & Liver Detoxification**; Comprehensive Application of the QA Clinical Protocol

QA Session 13: Hyperinsulinism / Stopping Joint Degeneration

Additional Gait Challenges; **Hyperinsulinism** & Insulin Insensitivity; **Bilateral Upper Limb Problems**; Nutritional & Dietary Management; Cartilage Formation (Sulfate & Glucose Metabolism); Degeneration Intervention & Sulfation – **Interrupting Vicious Cycles of Degenerative Disease**; Comprehensive Application of the QA Clinical Protocol

QA Session 14: Common Glandular Dysfunctions

Review Adrenal Dysfunction; **Thyroid** Gland; Female **Hormones & the Menstrual Cycle**; Pelvic Visceroptosis (Uterus & Prostate Lifts); **Pituitary & Pineal** Glands; Endocrine Gland Interactions; Comprehensive Application of the QA Clinical Protocol

QA Session 15: Common Metabolic Dysfunctions / Immune System - Part 2

When the Immune System is Secondary; Seven Chemicals That Cause Nociceptor Depolarization; Oxidation – Reduction Imbalances; **Bleach & Ammonia Sniff Tests**; Antioxidant Nutrition; **Sulfur Amino Acid Metabolism & Homocysteinemia**; Comprehensive Application of the QA Clinical Protocol